

English calendar

| OCTOBER 2019 | | | | | | | 2019年10月 | |
|--|--|--|--|--|---|---|----------|--|
| Sun 日 | Mon 月 | Tues 火 | Wed 水 | Thurs 木 | Fri 金 | Sat 土 | | |
| | | 1 DAY 20 L : Chicken Teriyaki D : Baked Cod | 2 Western Lunch (Auditorium) | 3 DAY 21 L : Pork Cutlet D : Sanshoku-don | 4 DAY 22 L : Tempura on Rice D : Salmon Teriyaki | 5 DAY 23 D : Chirashi Sushi | | |
| 6 DAY 24 D : Chicken Teriyaki | 7 DAY 25 L : Agedashi Tofu D : Tempura Dinner | 8 DAY 1 L : Gomoku Sushi D : Jpn.Hamburger | 9 Western Lunch (Auditorium) | 10 DAY 2 L : Udon D : Chicken Stirfry | 11 DAY 3 L : Gyoza D : Grilled Salmon | 12 DAY 4 D : Baked Fish | | |
| 13 DAY 5 D : Sushi | 14 Thanksgiving D : Bento Delivery | 15 DAY 6 L : Yakitori Chicken D : Misoyaki Fish | 16 Western Lunch (Auditorium) | 17 DAY 7 L : Soba with Meat D : Beef Sukiyaki | 18 DAY 8 L : Oyako-don D : Sashimi/Tempura | 19 DAY 9 D : Baked White Fish | | |
| 20 DAY 10 D : Beef & Potatoes | 21 DAY 11 L : Tofu Steak D : Chicken Stew | 22 DAY 12 L : Kakiage Udon D : Sushi | 23 Western Lunch (Auditorium) | 24 DAY 13 L : Pork Chow Mein D : Baked Mackerel | 25 DAY 14 L : Seafood Doria D : Chicken Curry | 26 DAY 15 D : Salmon Teriyaki | | |
| 27 DAY 16 D : Fish / Chawanmushi | 28 DAY 17 L : Nabeyaki Udon D : Sashimi/Tempura | 29 DAY 18 L : Misoyaki Salmon D : Oyako-don | 30 Western Lunch (Auditorium) | 31 DAY 19 L : Fried Mackerel D : Chicken Teriyaki | L = Lunch D = Dinner | | | |
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